

5 STEPS TO ACHIEVE ACADEMIC SUCCESS

A 5-STEP PLAN BY DANIELLE S. LAMB



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Director of TRIO-Student Support
Services, Danielle Staten Lamb,
shares her 5-Step Plan to
Academic Success!

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THE MERCY UNIVERSITY OF NEW JERSEY

1

Believe in yourself.

If you don't believe in yourself, no one else will. This is the first and one of the most important steps to academic (and personal) success. It's ok if things don't work out the way you want them to as long as you remember, to be successful, you should **always** have a Plan B.

2

Build confidence.

You **can** do whatever you set out to achieve as long as you build confidence in your ability to be successful. Your options are endless. This step will make you an unstoppable force academically, financially, and professionally.

3

Seek help.

Never be afraid to ask for help. There are so many opportunities and resources available where you can receive help - not just from [TRIO-SSS](#), but also from your peers and from your professors (commit your professors' office hours to memory. You never know when you might need them!).

4

Step up your study game.

Cramming the night before a test won't cut it anymore now that you're in college. Commit to setting aside dedicated time to study. Don't be afraid to use the library. GCU has one of the best [libraries](#) in New Jersey!

5

Don't give up.

When you find yourself about to give up, revisit steps 1-4. See a counselor, if necessary. There's always something to do to increase your academic and financial success. Expand your possibilities. Don't give up...because **anything** is possible.