

**Georgian Court University
Counseling Center
Mandated Assessment – Post-test**

- 1) Substance abuse can lead to the following:**
 - a) A drop in academic performance
 - b) Financial losses
 - c) Legal consequences
 - d) All of the above

- 2) In the U.S. one person dies every _____ minutes from a drug overdose.**
 - a) 19
 - b) 37
 - c) 62
 - d) 91

- 3) Alcohol is a(n):**
 - a) Stimulant
 - b) Depressant
 - c) Opiate
 - d) None of the above

- 4) The effects of alcohol on the brain include:**
 - a) Poor decision making and impulsivity
 - b) Irreversible damage
 - c) Cognitive deficiencies
 - d) All of the above

- 5) Heroin and pain medication, such as Vicodin, morphine and oxycodone, are classified as:**
 - a) Depressants
 - b) Opioids
 - c) Stimulants
 - d) Hallucinogens

- 6) A blood alcohol concentration (BAC) that is the lethal dose of alcohol for most people is between which of the following percentages?**
 - a) 0.06-0.10%
 - b) 0.15-0.25%
 - c) 0.40-0.45%
 - d) 0.45-0.50%

- 7) Opiates have a _____ potential for abuse and addiction:**
 - a) Minimal
 - b) Moderate
 - c) High
 - d) Unusually high

- 8) Consequence of abusing prescription drugs can include:**
- a) Organ damage
 - b) Difficulty breathing
 - c) Death
 - d) All of the above
- 9) Binge drinking is defined as consuming how many alcoholic beverages in a row?**
- a) 4-5
 - b) 6-8
 - c) 10-12
 - d) 12 or more
- 10) According to the Georgian Court University's drug policy in the Student Handbook, any drugs and paraphernalia found:**
- a) Will be flushed down the toilet
 - b) Can only be confiscated by security, but no other GCU officials
 - c) Can only be confiscated by the Lakewood Police Department
 - d) May be confiscated by security and other GCU officials and will be turned over to the Lakewood Police Department
- 11) According to New Jersey law, if your blood-alcohol concentration (BAC) is over this limit you are considered to be driving while intoxicated (assuming you're 21):**
- a) 0.02%
 - b) 0.06%
 - c) 0.08%
 - d) 0.10%
- 12) Prescription medication, including the stimulant Adderall, can lead to the following potential problems if misused or abused:**
- a) Increased blood pressure
 - b) Decreased heart rate
 - c) Decrease respiration (breathing)
 - d) Drowsiness
- 13) At risk drinking, which can lead to serious consequences, is defined as:**
- a) More than 8 drinks per week for men and more than 3 drinks per week for women
 - b) More than 10 drinks per week for men and more than 4 drinks per week for women
 - c) More than 14 drinks per week for men and more than 7 drinks per week for women
 - d) More than 17 drinks per week for men and more than 11 drinks per week for women
- 14) Blackouts:**
- a) Are a normal part of college drinking
 - b) Sometimes happen and are not that serious
 - c) Are only an issue if you miss class the next day
 - d) Are not normal and put you at serious risk

15) Risks of using marijuana include:

- a) There are no risks.
- b) Delayed decision-making
- c) Damage to the lungs and pulmonary system
- d) B and C

16) Combining alcohol or other depressants/stimulants with marijuana can produce:

- a) No effect or impairments
- b) Double the effects and impairing consequences
- c) Triple the effect and impairing consequences
- d) Quadruple the effect and impairing consequences

17) Prescription drug misuse includes:

- a) Self-medicating with someone else's medications
- b) Taking less of a medication than what is prescribed for you
- c) Not finishing a prescription that is prescribed to you
- d) None of the above

18) Georgian Court University has a zero-tolerance policy for illicit drug use, and the following are possible consequences if this policy is violated:

- a) Suspension
- b) Expulsion from campus housing
- c) Disciplinary action
- d) All of the above

19) Opiate use signs and symptoms include:

- a) Increased energy
- b) Drowsiness
- c) Shallow breathing
- d) B and C

20) Marijuana is a:

- a) Depressant
- b) Stimulant
- c) Hallucinogenic
- d) All of the above