

James Amarante, PhD, LCSW, LPC

EDUCATION

PhD in Social Work

Fordham University, 2024

Dissertation Title: Adverse Childhood Experiences and Adolescent Substance Use: The Roles of Emotion Regulation and Attachment Security

Master of Social Work

Fordham University, 2017

Thesis Title: A longitudinal study of the relationship between attachment security in toddlerhood and internalizing behaviors in middle childhood

Master of Science in Clinical Psychology

Walden University, 2014

Master of Science in International Relations

Troy University, 2012

Concentration in Regional Affairs – Latin America

Bachelor of Arts in Liberal Studies

Southern Connecticut State University, 2009

Concentrations in Sociology and Spanish

SELECTED TRAININGS AND CERTIFICATIONS

Professional Certificate in Psilocybin Facilitation, Fluence, 2025

Psychedelic Therapy and Integration, Fluence, 2024

Integrative Harm Reduction Psychotherapy -Advanced, Center for Optimal Living, 2024

Community Reinforcement and Family Training, We the Village, 2023

Ketamine Assisted Psychotherapy Theory and Methodology, Fluence, 2023

Certificate in Meditation and Psychotherapy, Institute for Meditation and Psychotherapy, 2021-2022

Sensorimotor Psychotherapy – Level 1, Sensorimotor Psychotherapy Institute, 2021-2022

Certificate in Mindfulness Based Relapse Prevention, UCSD Center for Mindfulness, 2021

Integrative Harm Reduction Psychotherapy Essentials, Center for Optimal Living, 2019

Certificate in Trauma Studies, Manhattan Institute for Psychoanalysis, 2017-2019

Certificate in Intensive Psychoanalytic Psychotherapy, William Alanson White Institute, 2016-2017

PROFESSIONAL EXPERIENCE

Assistant Professor, Georgian Court University, Lakewood, NJ

2025 - Present

- Teach undergraduate and graduate social work courses
- Advise and mentor students in academic and professional development
- Conduct research, publish, and serve on departmental and professional committees

Director / Psychotherapist, Center for Therapeutic Change, Norwalk, CT

2017 - Present

- Oversee clinical operations and provide psychotherapy services to clients.
- Develop and implement treatment plans based on individual client needs.
- Supervise and train clinical staff and interns.

Adjunct Instructor, Fordham University, New York, NY

2019 - Present

- Teach courses in Family Therapy, Science and Psychotherapy, Advanced Integrative Practice and Evaluation, and Applied Social Work Research Evaluation.
- Design and deliver course materials, lectures, and assessments.
- Mentor and advise graduate students in their academic and professional development.

Research Assistant, Fordham University, New York, NY

2016 - 2018

- Assisted in conducting research on social work practices and outcomes.
- Collected and analyzed data using qualitative and quantitative methods.
- Collaborated with faculty and graduate students on various research projects.

Bilingual Clinician, Wheeler Clinic, Plainville, CT

2015 - 2017

- Provided bilingual clinical services to a diverse client population.
- Conducted assessments, developed treatment plans, and provided individual and group therapy.
- Participated in multidisciplinary team meetings to coordinate client care.

Psychotherapist, Fairfield Counseling Group, Fairfield, CT

2016 - 2017

- Provided individual and family therapy to clients with various mental health issues.
- Utilized evidence-based practices to address clients' therapeutic needs.

- Maintained detailed clinical records and collaborated with other healthcare providers.

School Social Work Intern, Wilbur Cross High School, New Haven, CT
2015 - 2016

- Provided social work services to high school students, including counseling and crisis intervention.
- Developed and facilitated group programs focused on social and emotional development.
- Worked with teachers and staff to address student behavioral and academic concerns.

Clinician, Centro de Atención Psicológica del Sur del D. F., Mexico City, Mexico
2014

- Delivered clinical services to clients in a community mental health setting.
- Conducted individual therapy sessions and facilitated therapeutic groups.
- Worked with clients to develop and implement personalized treatment plans.

Clinical Practicum Clinician, Centro de Atención Psicológica del Sur del D. F., Mexico City, Mexico
2013 - 2014

- Gained practical experience in delivering psychological services under supervision.
- Conducted assessments, provided therapy, and participated in case consultations.
- Developed skills in culturally sensitive therapeutic approaches.

Clinical Assistant, Juventud, Luz y Esperanza, Mexico City, Mexico
2013

- Assisted in the delivery of clinical services to youth and families.
- Supported the implementation of community outreach programs.
- Engaged in case management and provided resource referrals.

AWARDS AND HONORS

- **NASW Student Award**, 2017
- **Thea Bowman, Ph.D., F.S.P.A., Research Award**, 2024

PUBLICATIONS AND PRESENTATIONS

- Stanhope, V., Heyman, J., Amarante, J., & Doherty, M. (2018). Integrated behavioral health care. *Health and social work: Practice, policy and research*, 105-124.

SERVICE TO PROFESSION

- Editor-in-Chief, *21st Century Social Justice*

LANGUAGES

- **English:** Native
- **Spanish:** Fluent