

**GEORGIAN COURT UNIVERSITY - PRELIMINARY PROGRESS CHART - UNOFFICIAL UNTIL APPROVED BY THE OFFICE OF THE REGISTRAR**

**This chart is to be used as a reference guide only.  
Individual student charts are issued by the Offices of Admissions and Registrar.**

**Major: EXERCISE SCIENCE, WELLNESS & SPORTS  
Concentration: HEALTH & PHYSICAL EDUCATION**

<b>BRIDGE GENERAL EDUCATION: 42 - 49 CR</b>	<b>CRS</b>	<b>GR</b>
Pathway to the Bridge (GEN101)	2	
Cornerstone: Discovering the Self (GEN199)▲	3	
Academic Writ & Research I (EN111)	3	
<b>OR</b>		
Honors Argument: Rhetoric & Research (EN221)	3	
History (US or World)	3	
Literature	3	
Philosophical Inquiry (PL245)	3	
Visual & Performing Arts	3	
Modern Language; Culture; Global	3	
Social Sciences■ <b>PS221</b>	/	
Social Sciences■	3	
Nat Sciences (w/lab)	4	
Quantitative Analysis	3	
Experiential Learn (ServLearn or Intern or Ed Abroad)	///	
<b>COMMON INTELLECTUAL EXPERIENCE</b>		
✎ Religious Studies	3	
✎ Ethics	3	
✎ Shaping Lives: Women & Gender (WS311)	3	
✎ Capstone: Visioning a Future (GEN400)	3	

■ Must select courses from two separate subject areas

<b>STUDENTS ENTERING AS FRESHMEN:</b>		
Complete all General Education requirements.		
Courses in <b>BOLD</b> print are required for the major.		
<b>STUDENTS ENTERING AS TRANSFERS:</b>		
_____ courses needed to complete gen ed requirements as follows:		
_____ 4	CIE courses marked with ✎.	
_____	courses in <b>BOLD</b> print (required for the major).	
_____	additional courses from gen ed categories not already filled.	
<b>NJ Community College General Education Courses</b>	<b>CRS</b>	<b>GR</b>

<b>EXERCISE SCIENCE, WELLNESS &amp; SPORTS - BS - 33 CRS *</b>		
<b>Exercise Science Requirements</b>	<b>CRS</b>	<b>GR</b>
<b>ES111</b> Found of Exercise Sci & Wellness	3	
<b>ES160</b> First Aid & CPR	1	
<b>ES220</b> Introduction to Nutrition	3	
<b>ES252</b> Kinesiology & Applied Anatomy	3	
<b>ES330</b> Exercise Physiology	4	
<b>ES340</b> Health & Weight Management	3	
<b>ES350</b> Exercise Testing & Prescription	4	
<b>HPE260</b> Motor Development & Learning	3	
<b>HPE355</b> Methods of Secondary HPE	3	
<b>SIX CREDITS PHYSICAL EDUCATION ✦</b>		

✦ Must include at least one single, one dual, and one team activity.

<b>ADDITIONAL MAJOR REQUIREMENTS</b>	<b>CRS</b>	<b>GR</b>
<b>BI213</b> Human Anat & Physio I	4	
<b>BI214</b> Human Anat & Physio II	4	
<b>CH151</b> Chem for Health Sci	4	
<b>PS221</b> Child & Adolescent Development	3	
<b>PS225</b> Educational Psychology	3	
<b>PS245</b> Psychology of the Exceptional Child	3	

\* Transfer students are required to take a minimum of 14 ES credits at GCU, and a minimum of 23 credits including the interdisciplinary courses required for the major.

<b>WRITING INTENSIVE (WI) REQUIREMENT▲</b>	<b>CRS</b>	<b>GR</b>
Writing Intensive #1	/	
Writing Intensive #2	/	
Writing Intensive #3	/	
Capstone: Visioning a Future (GEN400)	/	

▲ GEN199 fulfills the Gen Ed Cornerstone and a WI req. Other WI courses may fulfill General Education, major, or minor requirements, or may be taken as general electives.

<b>Electives OR Optional Tracks/Concentrations●</b>	<b>CRS</b>	<b>GR</b>

● Coaching - ES111, ES160, ES211, ES320 or IH310, ES360, ES392, PS242 or ES310

● Pre-Physical Therapy - BI121, CH113/114, MA110 or MA115, PH115/116 or PH121/122, PS111 or PS113, PS223, and any of the following: BI204, BI219, or BI407.

● Usciencs Pre-D.P.T. - BI121, BI203, BI204, CH113/CH114, PH115/116, MA115 or MA110 and MA109, MA209, or MA210, PS111 or PS113, SO101, HRP200, any additional psychology course, any additional social science course, satisfactory completion of GCU Writing Requirement, and satisfactory completion of EN111 or EN221 and any additional English course higher than EN111.

● Pre-Occupational Therapy - PS111 or PS113, SO101, PS223, PS227

● Pre-Physician Asst. - BI204, BI219, CH113/114, CH223, HRP200, PS111 or PS113

**2022-23 ACADEMIC YEAR MATRICULATION**

Refer to GCU 2022-23 Undergraduate Catalog for current academic policies, details regarding major requirements and course descriptions.

Minimum 120 credits required for the degree; 30 credits must be taken at GCU. Transfer maximum is 90 credits, no more than 75 credits from two-year institutions, no more than 48 general elective credits.

Accepted credits will not be replaced after enrollment at GCU.