

# NAOMIE S. JOSEPH

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## EDUCATION

Capella University, Minneapolis, MN <b>Doctor of Social Work</b> Dissertation: "LCSWs: Examining Change in Knowledge and Value of Mental Health Stigma" (abstract attached)	2020
Rutgers University <b>Master of Arts: Social Work</b> Areas of Concentration: Nonprofit Management	2013
Rowan University <b>Bachelor of Arts: Sociology</b>	2011

## TEACHING EXPERIENCE

Georgian Court University <b>Assistant Professor- "Social Work"</b> Developed syllabus and overall course structure, and administered all grades. BSW Director	2022
Rowan University-Online and on Campus, CANVAS and BlackBoard <b>Adjunct Instructor- "Sociology of Self and Society"</b> Developed syllabus and overall course structure, and administered all grades.	2019
<b>Adjunct Instructor- "Sociology of Social Work"</b> Developed syllabus and overall course structure, and administered all grades.	2019
<b>Adjunct Instructor- "Introduction to Human Services"</b> Developed syllabus and overall course structure, and administered all grades.	2018
<b>Adjunct Instructor- "Senior Seminar"</b> Collaborated on curriculum and exam development, met with students upon request, and graded all written work, including final exam papers.	2018

## RELATED EXPERIENCE

Capella University <b>Student/Researcher</b> Took part in data collection, compile statistical reports, to track change in knowledge and value.	2018–2020
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## EMPLOYMENT HISTORY

**Assistant Director in Acute Inpatient Unit Jersey City Medical Center** **October 2021-Present**

- Responsible for a 36-bed psychiatric inpatient STCF unit
- Ensure department is within guidelines of regulatory agencies
- Responsible for clinical oversight inpatient department prominently social workers and adjunct therapists
- Managed daily workings involving social workers and adjunct therapists
- Responsible for hiring adjunct therapists and social workers
- Responsible for assigning cases to psychiatrist and social workers
- Provide clinical supervision to LSWs towards their LCSWs
- Work with community organization to improve current patient transfer protocols
- Develop and promote relationships with outside agencies
- Created and implemented forms to improve documentation towards DHS inspection
- Created and implemented protocols,
- Responsible for maintaining regulatory documentary standard
- Managed PTO and work calendar
- Established and implement interdisciplinary meetings to build moral and address current approaches that are currently working and discuss what need improvement(s)

- Created Welcome Group and Trauma CPR Group and packets to provide new patients and their families information about the treatment process while on the inpatient unit
- Create and conduct training for staff
- Schedule in-service training for staff with agencies within the community
- Conducted clinical intake and case management
- Provide ongoing assessments and discharge planning

**Psychotherapist - Monarch Freedom Counseling, LLC****2018-Present**

- Provide ongoing assessments, release, and discharge planning
- Conduct on going assessment of clients
- Make clinically based decisions for treatment and utilizing preferred treatment modality
- Assess and make referrals for higher levels of care when necessary
- Maintain timely appropriate clinical notes
- Provide group and individual therapies using CBT and other treatment modalities
- Provide supportive counseling to adolescents, adults, and family
- Clinical supervisor—provide supervision to master level clinician seeking licensure to practice without supervision.

**Adjunct Instructor – Rowan University Sociology Department****2017-2018**

- Developed syllabus for multiple courses
- Developed and managed course structure
- Provided ongoing assessment to student to support learning objectives
- Collaborated on curriculum with another instructor
- Graded all written work and exams

**Therapist - Meridian Counseling Services****2017-2018**

- Provide ongoing assessments of current clients
- Conduct ongoing assessments
- Make clinically based decisions for treatment
- Assess and make referrals for higher levels of care or need for medication adjustments
- Maintain timely appropriate clinical records
- Provide supportive psychoeducation counseling
- Provide clinical trauma support and cognitive behavioral therapy

**Mental Health Clinician III****2014-2017****Rutgers University UCHC-New Jersey State Prison-Outpatient**

- Provide crisis intervention services, group psycho-education, individual assessments, and psychotherapy
- Develop and implement treatment plans to assigned patients
- Provide ongoing assessments, release, and discharge planning
- Participate in the assessment of special needs adult inmates
- Make clinically based decisions for treatment and utilizing preferred treatment modality
- Assess and make referrals for higher levels of care
- Maintain timely appropriate clinical records
- Provide group and individual therapies using CBT and supportive counseling

**Life Skills Specialist - Twin Oaks Community Services-ICMS Lumberton****2012-2013**

- Provide intensive outreach case management services to dual diagnosed adults
- Assessed and interpreted information related to population; knowledge of symptoms
- General knowledge of disability/disorder and available treatment
- General knowledge of Medicaid, Medicare, and Social Security
- Provided clients with education on mental illness and available services
- Collaborated with community resources and service providers

**Interdisciplinary Trainee-Nonprofit Management****2012-2013****Elizabeth M. Boggs Center on Developmental Disabilities, New Brunswick, NJ**

- Prepared workshop recommendation for conferences
- Analyzed organization policies Federal Core Grant
- Participated in group to create a student informational brochure
- Attended state meetings to better understand and analyze policies and programs
- Met with families and individuals to analyze current policies and programs
- Projected the budget and fee analysis for 2010 to 2014 annual conference
- Participated in monthly employment conference board meetings
- Search and recommended speakers for future conference

**Child Study Team - Counselor Intern**

2011-2012

**Salem County Special Services School District, Bridgeton, NJ**

- Managed a caseload of four patients
- Contact parents or guardians regarding child IEP meetings
- Held weekly counseling sessions with children diagnosed with behavior and learning difficulties
- Reviewed, implemented, and adjusted patient assessment and behavioral plans
- Organized and conducted weekly counseling groups
- Addressed issues of self-esteem and trauma from abuse and bullying
- Taught cognitive behavioral therapy and anger management groups
- Completed weekly case notes, intake assessments, treatment plans, progress reports and school transfer
- Collaborated with agencies such as DCF, local school districts, early starts and doctor's office

**Counseling Intern - Peace A Learned Solution, Camden, NJ**

2011- 2011

- Worked with women and children who were in domestic abuse homes
- Counseled children on different ways to react to negative feelings and behaviors
- Counseled parent on the negative impacts of domestic abuse
- Prepared weekly dinner sessions for parents and children to communicate more effectively

**Healthcare Specialist/Human Resources Specialist**

2000-2013

**U.S. Army Reserve, Ft. Dix, NJ**

- Conducted Basic Life Support Training for soldiers going overseas
- Supervised and managed 7 soldiers in the human resources section
- Managed clinical assignments and education for approximately 65 enlisted personnel
- Provided soldiers with care in a field and outpatient clinic environment
- Created, maintained, and updated all personnel and medical files
- Created and maintained reports using Excel, PowerPoint, and MS Word
- Researched and interpreted various Army and Human Resource policies and procedures
- Completed intake of new soldiers
- Assisted soldiers with contacting community and military resources for school and employment
- Advise commander of proper military procedures, regulations, and security clearance Maintained administrative duties and worked as part of a team to accomplish mission essential goals.

**PUBLICATIONS AND PAPERS**

*"Licensed Clinical Social Workers: Examining Change in Knowledge and Value of Mental Health Stigma"*  
Journal Pending 2020

**LICENSES**

Eye Movement Desensitization and Reprocessing trained (EMDR)	2020
Certified Clinical Trauma Professional (CCTP)	2017
Licensed Clinical Social Worker	2015

**LANGUAGES**

English– second language, speak fluently and read/write with high proficiency  
 Haitian Creole– native language  
 French–speak, read, and write with basic competence

**MEMBERSHIPS**

National Association of Social Workers

**ABSTRACT**

Mental health stigma is a public health issue that adversely impacts an individual's overall well-being. Research has shown that providers who endorse stigmatizing views have the potential to hinder both an individual's treatment adherence and help-seeking behaviors. Research has shown education to be a useful tool to address mental health stigma and reduce potential stigma-endorsing behaviors. This research examined licensed clinical social workers' (LCSWs) general knowledge of mental health stigma and addressed discovered gaps by utilizing a mental health stigma curriculum. To answer the research questions, a mixed-method study utilizing a quantitative survey and an appreciative inquiry action research methodology was employed. The stakeholders for this study were LCSWs who provided mental health services to clients and have held their licenses for a minimum of two years. A total of 95 stakeholders participated in the study. The three instruments utilized allowed for triangulation of the data. The acquired data were coded, analyzed, and utilized to address the research questions. Research findings showed the data to be in alignment with the literature and supported the need to provide LCSWs with a stigma-specific curriculum that provides general knowledge. Recommendations for future research focused on mental health stigma-specific intervention and inclusion of mental health stigma curricula as a continuing education unit approved course for licensed clinical social workers. Data was shared back by creating and disseminating the mental health stigma curriculum through the [clinic's] website and encouraging interested stakeholders to send an email requesting a copy of the data upon approval of the completed project.